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JULY 2000

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★ NEW! ★

Lypossage, a new massage technique from the US, is being touted as the natural alternative to liposuction. Developed by massage therapist Charles Wiltsie, it uses deep tissue massage followed by lymphatic drainage. "Studies done on the technique show size loss, rather than weight loss," says Gina Broso, of Gina's Human Tuning in Canberra, who is the first to bring Lypossage to Australia. "Because of more efficient lymphatic drainage, studies show that side effects include better functioning of the digestive system, better muscle control and posture."

The cost is \$100 a treatment.